



Escola de
ENFERMAGEM
Universidade de São Paulo

WELCOME GUIDE for International Students

International
Cooperation Committee
of the University of São Paulo
School of Nursing (CCInt-EE)

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PRESENTATION

Welcome to the University of São Paulo School of Nursing! It is with great pleasure that we welcome you on this new journey!

The University of São Paulo School of Nursing (EEUSP) was founded on October 31, 1942, as an integral part of the University of São Paulo (USP). The importance and greatness of EEUSP for Brazilian and international nursing in its more than 80 years of existence is undeniable. It is a School that has led and continues to lead major advances in nursing, research and the extension of its services to society, which has been training quality nurses, graduates, residents, masters, doctors and post-doctorates and developing research that impacts the improvement of health conditions and quality of life of individuals, in addition to contributing to the formulation of public health policies.

This manual was prepared by the International Cooperation Committee of the University of São Paulo School of Nursing (CCInt-EE), which is responsible for:

- » coordinate academic activities of international cooperation, through administrative support for exchange actions of students and teachers at EEUSP;
- » monitor and publicize international mobility and financing notices;
- » welcome international exchange students and teachers, providing administrative support and providing information relevant to their stay;
- » control, monitoring and administration of cooperation and academic agreements between EEUSP and international institutions.

Here, you will find important information for your exchange at our University.

There is more information about EEUSP and USP on the websites:

www.ee.usp.br/ and ww5.usp.br/ and also on Instagram (www.instagram.br/enfermagemusp/), Facebook (<https://www.facebook.com/enfermagemusp>), YouTube (<https://www.youtube.com/escoladeenfermagemdausp>), X (www.x.com/EnfermagemUSP) and LinkedIn (<https://br.linkedin.com/company/enfermagemusp>).

If you have any questions, please contact CCIInt-EE by email at ccintee@usp.br.

We hope your stay in São Paulo is productive and unique!

1. DOCUMENTS

1.1 Visa

Before arriving in Brazil

International students approved for a period of academic mobility at USP must check whether they need to obtain a Temporary Student Visa (VITEM IV) before entering Brazil.

In the case of academic mobility to be carried out for a period of less than 90 days, the international student must request/present:

- » Visitor Visa (VIVIS): when there is no diplomatic reciprocity agreement between Brazil and the foreigner's country of origin. The existence or not of diplomatic reciprocity agreements between Brazil and the interested party's country of origin should be verified at: <https://www.gov.br/mre/pt-br/assuntos/portal-consular/vistos/quadro-geral-de-regime-de-vistos-para-entrada-de-estrangeiros-no-brasil>
- » Passport: when there is a diplomatic reciprocity agreement between Brazil and the foreigner's country of origin, it will not be necessary to apply for a visa, and the foreigner must enter Brazil using his/her passport with a valid validity date for the period of studies/research
- » For individuals coming from Mercosur countries, a visa is not required; they only need to present a foreign identity document. For more information on Mercosur member countries, see <https://www.mercosur.int/>

For academic mobility periods of more than 90 days, a Temporary Study Visa (VITEM IV - for undergraduate and graduate students approved for academic mobility or regular university courses) must be presented. The visa is granted directly by the Brazilian Consular Offices closest to the student's place of residence. A complete list of contacts can be found at <https://www.gov.br/mre/pt->

[br/assuntos/portal-consular/reparticoes-consulares-do-brasil](https://www.gov.br/assuntos/portal-consular/reparticoes-consulares-do-brasil). The list of required documents and fees may change suddenly, so it is important to consult the Ministry of Foreign Affairs at <https://www.gov.br/mre/pt-br/embaixada-bissau/temas-consulares-e-vistos/vistos>

After arriving in Brazil

International students holding a temporary visa (VITEM IV) have 90 days (when entering the country via consular visas) or 30 days (when the residence permit is published in the Official Gazette of the Union) to request temporary residence in the country.

This procedure is carried out by obtaining the National Migration Registry (RNM).

To request the RNM, international students must:

- » access the Federal Police website (<https://www.gov.br/pf/pt-br/assuntos/imigracao/inicio>);
- » check which documents are required according to each case;
- » schedule an appointment online to present the original documents at the Federal Police. In this case, the appointment is made by the CCInt of EEUSP and the USP Agency for National and International Academic Cooperation (AUCANI).

Failure to meet the deadline will result in the inability to enroll at USP!

International students who entered Brazil with a Visitor Visa (VIVIS) or with a passport, the National Migration Registry is not issued, as long as the period of stay in Brazil does not exceed 90 days from the date of entry into the country.

1.2 Arrival in Brazil

The EEUSP is located in the city of São Paulo, in the state of São Paulo, which has over 20 million inhabitants. The climate in the city of São Paulo is

subtropical with hot and humid summers (maximum temperatures of 30 to 32°C), and dry and cool winters (minimum temperatures between 8 and 10°C).

São Paulo has two airports: Guarulhos International Airport (GRU) and Congonhas Airport (CGH). International flights usually arrive at GRU, but in some cases there are connections between these airports, so it is important that you know exactly where you will arrive. In addition, there is Viracopos International Airport (VCP), in the city of Campinas, which is a city close to São Paulo (90 km). Although further away, some international flights arrive at VCP. If you choose this airport, be sure to plan your route considering the journey from Campinas to São Paulo.

There are transfer services from one airport to another.

Unfortunately, there is no metro station near the airports, but GRU has a train line that allows easy access to other parts of the city. For more information, visit: <https://www.gru.com.br/en/passenger/to-from-gru-airport/train>. There are also buses that leave from GRU and go to some metro stations and hotels in central areas of the city. For more information, visit <https://www.gru.com.br/en/passenger/to-from-gru-airport/bus>. In CGH, the closest metro station is São Judas (line 1 – blue). The bus line 6751 - Terminal João Dias passes by the airport and arrives at the station. For the return journey, you must take the Metrô São Judas bus.

The currency in Brazil is the Real. You can exchange money at exchange offices at the airport itself or withdraw money directly from ATMs from your bank account. US dollars or other currencies are not commonly accepted in the country. Credit or debit cards are an easy option for making your payments.

EEUSP

The EEUSP is located on Avenida Doutor Enéas de Carvalho Aguiar, at 419, São Paulo, SP, zip code 05403-000.

The EEUSP is not located on the main USP campus, which is the Butantã Campus (<https://puspcb.usp.br/>), but on what we call the Quadrilátero Saúde/ Direito Campus, which is in a more central area of the city, with easy access to the subway and buses. It is close to two subway stations: Clínicas Station (green line) and Oscar Freire Station (yellow line) (https://www.metro.sp.gov.br/pt_BR/sua-viagem/linhas-estacoes). It is also easily accessible by bus from a very important avenue in the city, Avenida Rebouças.

Don't forget to plan your route in advance, whether you are going to the hotel or to the EEUSP. To do this, use transportation apps, such as Google Maps or Waze. Moovit provides information on bus, subway and train lines, with schedules and itineraries. There is also a map of the subway lines (<https://www.metro.sp.gov.br/sua-viagem/linhas-estacoes/>).

It is important to know that, in the city of São Paulo, buses are free on Sundays. You can buy subway tickets at the ticket offices of the stations (payment in cash) or through the TOP app (<https://www.boradetop.com.br/>), but you need to buy a specific ticket to ride the bus. More information about the single ticket is available at <https://bilheteunico.sptrans.com.br/>.

You can also use transportation apps, such as Uber or 99, which cost more, but are fast and safe.

Tip: How do I use the subway Wi-Fi? To use the service, the user must search for the “wifi_metro_sp” network and register the email. After accepting the “Terms of Use”, it will be possible to use the internet. The connection will initially serve 200 users simultaneously, so it may be slow or there may be difficulties connecting.

1.3 Enrollment at EEUSP

Undergraduate Course:

Original documentation to be presented at the time of enrollment for exchange students for more than

90 days: Passport (or ID, for students from Mercosur countries), National Migration Registration Card, Individual Taxpayer Registry (CPF) and VITEM IV visa.

Check the deadline for submitting documentation with the Undergraduate Office (Phone: +55 11 3061-7532 | e-mail: gradee@usp.br | Hours of operation: Monday to Friday, from 8 am to 5 pm)

For students in the PEC-G program, the following documentation is required at the time of enrollment:

- » Original and copy of the Visa Form issued by the Brazilian consulate in the original country (copy will be retained);
- » Original and copy of the Passport (copy only of the data and visa pages – this will be retained);
- » VITEM IV Visa;
- » Photos (size 3x4 - for USP and Federal Police ID cards);
- » CPF registration number - request at the Brazilian Consulate - it is free (link to the application form in Spanish/English/Portuguese)
- » Original and copy of vaccination certificates.

In addition to the above, the following documents will be required for the PEC-G selection process:

- » Original Letter of Introduction from the MRE (copy must be kept by the student)
- » Original Declaration of Commitment signed by the student (copy must be kept by the student)
- » Financial Responsibility Agreement (copy must be kept by the student)
- » Academic transcript/diploma equivalent to Brazilian high school, stamped and recognized by the Brazilian Embassy/Consulate (apostille is not required; the original remains with the student)
- » Birth Certificate stamped and recognized by the Brazilian Embassy/Consulate

- » Medical certificate.

Postgraduate Courses:

Original documentation to be presented at the time of enrollment:

- » undergraduate diploma
- » master's diploma (if applying for a PhD)
- » academic transcripts from undergraduate and master's degrees
- » identity card (passport, national migration registration card)

For diplomas obtained from international institutions, the candidate must present the diploma with an apostil or with the consular seal of the Brazilian Consulate in the country where the diploma was issued.

Check the deadline for submitting the documentation with the Graduate Office (Phone: +55 11 3061-7533 | e-mail: spgee@usp.br | Hours of operation: Phone: 8:00 am to 5:00 pm or in person, on Tuesdays from 8:00 am to 12:00 pm; on Thursdays from 1:00 pm to 5:00 pm | <https://www.ee.usp.br/secretaria-online-pos/>)

Documents required for enrollment vary depending on each EEUSP Graduate Program. In the first stage of enrollment, the following documents can be sent by email:

- » Enrollment application completed and signed by the selected candidate and advisor, available on the program website;
- » Study Plan signed by the advisor and selected candidate, available on the program website;
- » Term of commitment signed by the selected candidate, available on the program website;
- » Scanned "PDF" of the following documents:
 - o Identity card (RG) and, for foreigners, Passport or National Migration Registry (RNM)

- o CPF; for foreigners, only if they already have one
- o Diploma and Academic Transcript of the officially recognized Undergraduate Course;
- o Diploma and Academic Transcript of the Master's Course (only for Doctoral Course students)

The second stage of enrollment is in person and consists of the presentation of the original documentation submitted in the previous stage, by the student or his/her representative, within a maximum period of 90 days from the first stage. The documentation must be submitted to the EEUSP Graduate Service, when the student's enrollment will be confirmed. At this time, the international student must present a valid identity document and a temporary or permanent visa that authorizes him/her to study in Brazil.

If the candidate fails to complete any of the enrollment stages or does not submit the required documentation within the established deadlines, the enrollment will be canceled.

If the student is entitled to a scholarship from a Brazilian agency, it is important to note that the first payment will only be made on the 5th business day of the following month after registration for the scholarship and opening of the bank account. To open a bank account at Banco do Brasil, the following basic documents are required:

- » National Migration Registration Card (CRNM) – this can be the protocol
- » CPF – Individual Taxpayer Registry
- » Letter of acceptance from USP proving regular enrollment and student status
- » Proof of residence in the student's name or a statement that he/she resides at the location provided – the proof can be issued by any person, signed, with a notarized signature + proof of

residence in the name of the declarant (this can be an electricity/water bill dated up to 2 previous months). This is a simple letter addressed to Banco do Brasil, stating that the scholarship holder lives at that address.

Note: We recommend opening a bank account at the Banco do Brasil branch (branch number 7044-0), located at Rua Dr. Ovídio Pires de Campos, 225 (exit through the back of EEUSP).

For cases in which the student will be in the country for up to 90 days:

Exchange students who will be in Brazil for less than 90 days need only present their passport and VIVIS visa.

1.4 How to obtain the documents required for enrollment?

Regularization of immigration status must be done with the Federal Police as soon as you arrive in Brazil. To facilitate this process, the USP Agency for National and International Academic Cooperation (AUCANI – <https://internationaloffice.usp.br/>) and the Regional Superintendence of the Federal Police of São Paulo have established a partnership that allows weekly scheduling for international students affiliated with USP and living in São Paulo. Scheduling through AUCANI is not mandatory, that is, if the student has time restrictions or any other reason, he/she can directly access the Federal Police website and schedule the appointment.

For more information: access the Manual for Regularization of Immigrants in Brazil-AUCANI <http://internationaloffice.usp.br/wp-content/uploads/docs/regularizacao-imigrantes.pdf>

a) National Migration Registration Card (CRNM)

Popularly known as the “immigrant ID”, the National Migration Registration Card (CRNM) is mandatory for international students holding a temporary visa

who intend to stay in Brazil for more than 90 days. The National Migration Registration (RNM) is the registration number of each immigrant in Brazilian territory.

To request the CRNM, you will first have to obtain a residence permit. If the student does not request this document within 90 days of arriving in the country, he or she will be considered an illegal immigrant and may be deported. To obtain a residence permit, visit: <https://www.gov.br/pt-br/servicos/obter-autorizacao-de-residencia-e-carteira-de-registro-migratorio>

Attention!

International students who have been granted a residence permit in Brazil must apply for a RNM within thirty days from the date of publication of the approval of said application, under penalty of application of the sanction provided for in item IV of the caput of art. 307 of Decree 9.199/2017.

The steps for requesting the service are available at: <https://www.gov.br/pt-br/servicos/registrar-se-como-estrangeiro-no-brasil>

b) Individual Taxpayer Registry (CPF)

The Individual Taxpayer Registry (CPF) is a document required by several institutions for opening a bank account, registering a cell phone number, signing rental contracts, enrolling in courses, purchasing goods, among others.

To obtain the CPF number, international students have two options:

Before arriving in Brazil, it can be requested at a Brazilian Embassy/Consulate. Check the consular offices in Brazil at <https://www.gov.br/mre/pt-br/assuntos/portal-consular/reparticoes-consulares-do-brasil>

To check which territories are covered by each

Consular Office in Brazil, go to: <https://www.gov.br/mre/pt-br/assuntos/portal-consular/arquivos/JurisdiesConsulares27072021.pdf>

Or

If you are already in Brazil, you will need to fill out a form on the website <https://servicos.receita.fazenda.gov.br/Servicos/CPF/InscricaoCpfEstrangeiro/default.asp> and go to any Federal Revenue agency with proof of registration (printed version), the passport and a document with your parents' names, if this information is not included in the passport.

Attention!

Currently, the CPF is just a registration number; there is no physical card.

Other relevant documents:

a) Driver's License

Upon entering Brazil, those who hold a driver's license from a country that is a signatory to the Vienna Convention (https://www.gov.br/transportes/pt-br/tabela_de_paises.pdf) or that adopts reciprocity with Brazil may drive with the driver's license from the country of origin, accompanied by the personal identification document for a period of 180 days, respecting the validity of the document. After this period, to continue driving motor vehicles in Brazil, there is a need to register their international driver's license or go through the first driver's license process.

In order for a person licensed in a non-signatory country to be able to drive motor vehicles in Brazil, during any period of stay in the country, he/she must register his/her foreign license, which includes passing a practical exam or completing the first-time license process.

b) Unified Health System Card

During their stay in Brazil, international students may use the services of the public health system,

which is the Unified Health System (SUS), only in case of emergency. For this reason, USP requires that students obtain travel insurance, which must be purchased in the country of origin before arriving in Brazil. The insurance must be valid for the entire period of stay in the country. It is the student's responsibility to choose a specific insurance company.

If you need emergency care, as USP student, you can access the USP University Hospital (<https://www.hu.usp.br/>).

In emergency situations in which you may access SUS services, it is important – but not mandatory – that you have the SUS card, which is a personal and non-transferable document that allows you to receive care at public health units. The SUS card can be requested free of charge at any hospital, clinic, health center or even online. To obtain it, you must present your CPF and provisional protocol or CRNM. You can download the Digital SUS Card application and obtain more information about the SUS at <http://cartaosus.org/>.

To apply for the SUS card, you must have the following documents on hand:

- » National Migration Registration Card (CRNM),
- » Individual Taxpayer Registry – CPF
- » Current proof of residence.

After 60 days of pre-registration, you must go to a Basic Health Unit (UBS) nearest to the residential address to pick it up, simply presenting the protocol and identification document with photo.

2. LIFE AT USP

Most of the opportunities that USP offers its students can only be enjoyed by those who are enrolled in their course. Therefore, it is important to enroll as soon as possible!

2.1 Public Transportation

Since São Paulo is a huge city, the best route to get to EEUSP depends on where you are staying. As mentioned previously, EEUSP is located in the Cerqueira César neighborhood and is easily accessible by subway or bus lines.

Foreign students can obtain the “Bilhete Único Escolar” or “Bilhete do Estudante SPtrans”, which is a prepaid card used to pay half price for bus, train and subway tickets in the city of São Paulo. Any student can apply for this ticket, as long as their residence is located more than one kilometer from USP. With the Bilhete Único Escolar, it is possible to connect buses and subway lines and have a 50% discount on the fare for these transports.

To purchase the Bilhete Único, you need:

- » CPF
- » CRNM with the date of issue
- » Confirmed address in São Paulo, with zip code
- » Proof of enrollment at USP

If you want to get the Bilhete Único, you must have your registration activated and your personal data updated in the USP System. Then, you must fill out the form available at [here](#). After filling out the form, USP will send the data to the companies within 10 business days. You must access the SPTrans website to complete your registration, including uploading a photo of your face.

You will receive the card at the registered address. In case of any eventuality, you can go to the “School Pass Sector”, located at Rua do Anfitheatro, nº 295

– Cidade Universitária; opening hours from 8:30 am to 5:30 pm; email spe.prip@usp.br; Telephone (11) 2648-1863 / 2648-1865.

Remember that buses are free in the city of São Paulo on Sundays! This means that you can travel around the city at your leisure without paying anything. Just get on the bus and show your single ticket card or ask the driver to open the turnstile.

For more information, visit: <https://sptrans.documentodoestudante.com.br/>

2.2 Transportation – the Butantã campus

BUSP Card: USP offers the BUSP card that allows free travel on the internal bus lines that connect Cidade Universitária and the Butantã Metro Station (for example, free access to bus lines 8012, 8022 and 8032 Cidade Universitária – Metrô Butantã). Check the link <https://puspc.usp.br/uso-do-campus/transportes-3/> for information on routes and operating hours. The BUSP has a recognition chip attached to your name and USP number and is personal and non-transferable. Vehicles that accept the BUSP have the inscription “This bus accepts USP Ticket”, with the University logo applied to the front, sides and back. All international students enrolled at USP receive a card to access the shuttle buses.



Figure – BUSP Fonte: <https://imagens.usp.br/wp-content/uploads/24022012bilheteunicousp001.jpg>

Access the Butantã Campus map to see the route of the buses that run through the Butantã Campus: Source: <https://www.ee.usp.br/transporte-e-mobilidade-no-campus/>

App-based bikes: Cidade Universitária (or the Butantã Campus) has several shared bike stations that can be used after authorization via an app. They are paid! Find out more at: <https://bikeitau.com.br/como-usar/>

Transportation for people with reduced mobility: the USP Legal program offers adapted transportation for people with disabilities or reduced mobility. Appointments must be made with the University Guard by calling (11) 3091 4222.

2.3 Housing

For enrolled students, there is the University of São Paulo Residential Complex (CRUSP), with approximately 1,600 vacancies (not always enough). Housing is offered free of charge and is part of USP's retention policy. Residents are only selected at the beginning of each year. CRUSP is located on the Butantã Campus, at Av. Professor Mello Moraes, 1235 - Butantã, São Paulo/SP (this location is not close to EEUSP). More information is available at <https://prip.usp.br/moradia/> (more details about USP's benefit programs for students later in this topic).

Searching for accommodation or housing should be made by the student himself according to his/her economic conditions and interests. Options for rental housing, co-living, guesthouses or hotels should be sought through real estate apps or companies. It is necessary to arrive in Brazil with a defined and contracted housing, even if it is temporary.

In any case, there is the possibility of temporary housing near the School of Nursing, which you can also consult at <https://www.fm.usp.br/en/international/accommodation-options>; contact Mr. Douglas Bartholomeu email: douglas.bartholomeu@fm.usp.br

There is a family home that rents rooms in a neighborhood near the USP School of Nursing. Contact Mr. Renato Dias by phone: +55 11 96600 7007.

For women only, there is the Dr. Clemente Ferreira residential home (@res.clementeferreira), near the Saúde subway station. Contact by email at administrativo@drcllementeferreira.org.br.

Student Permanence and Training Support Program (PAPFE)

PAPFE is a program that aims to support undergraduate and stricto sensu graduate students at USP who are in a situation of socioeconomic vulnerability by granting benefits. The benefits provided by PAPFE are vacancies at student housing (Housing Support); financial aid; food tickets; and book allowance. The selection of students, implementation, and monitoring of PAPFE benefits are coordinated by the Office of the Vice-Rector for Inclusion and Belonging (<https://prip.usp.br/>). The deadline for applications and prerequisites for granting benefits can be accessed at <https://prip.usp.br/apoio-estudantil/> and in the PAPFE notices, which are published to the entire USP community.

Learn More

Discover what it's like to live as a student at USP! USP has designed a course that will make your university experience easier and much more rewarding. The course is aimed at international students who intend to study at USP.

For more information, visit <https://conteudo.pecege.com/viva-usp-pt>

2.4 Food

EEUSP has a university restaurant that offers breakfast and lunch at affordable prices for USP students. Breakfast is served from Monday to

Friday from 7:00 to 8:30 a.m. and lunch is served from Monday to Friday from 11:15 a.m. to 2:15 p.m. Dinner is served from Monday to Friday from 5:30 p.m. to 7:45 p.m. at the restaurant of the School of Public Health, located one block from EEUSP. There are four other university restaurants on the Butantã Campus (<https://prip.usp.br/restaurantes/>). Students selected by PAPFE can receive Food Assistance to help with the costs of daily meals.

The use of university restaurants is done through RUCARD, which is the system that uses the USP card to access and pay for meals at university restaurants. It can be presented in either a physical or digital version (e-Card USP app). To use RUCARD, you need to load your USP card with credits, which can be done via bank or PIX, generated on the USP digital systems website or on the USP Card app, available for Android and IOS (it is recommended to make payment 48 hours before use) and direct purchase at the RUCARD Credit Booth.

Restaurants around EEUSP

There are many private restaurants around EEUSP. Many offer service by Kg, that is, they serve a variety of ready-made foods that the customer chooses at will, like a buffet (self-service), but they are charged according to the weight consumed.

- » **Flight 510 - Restaurant and snack bar** - Dr. Ovídio Pires de Campos Street, 171 - Cerqueira César, São Paulo - Phone: (11) 3085-9621
- » **Cartago - Bar and Restaurant** - Teodoro Sampaio Street, 258, Pinheiros, São Paulo - Phone: (11) 3088-2181
- » **Flor das Clínicas - Snack Bar and Restaurant** - Teodoro Sampaio Street, 274 - Pinheiros, São Paulo - Phone: (11) 3086-2125
- » **Valente Snack Bar - Snacks and Meals** - Teodoro Sampaio Street - Pinheiros, São Paulo - Phone (11) 3086-4048

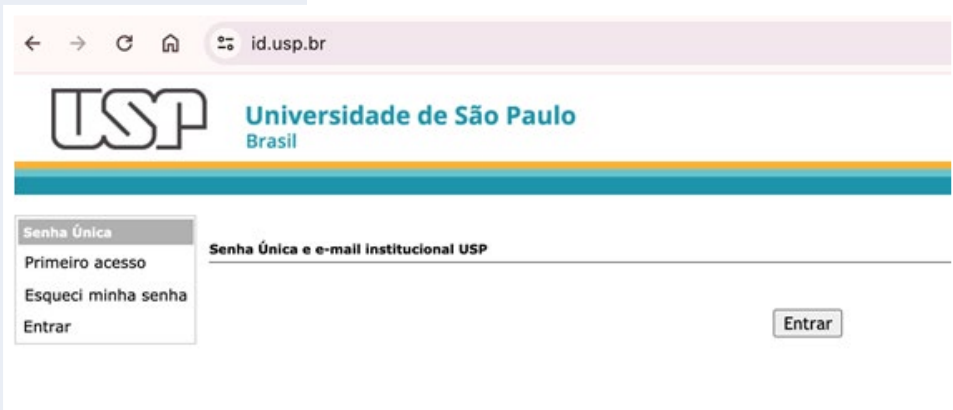
- » **Caverna do Bugre - Restaurant - German food and some Brazilian dishes** - Teodoro Sampaio Street, 334 - Pinheiros, São Paulo - SP, 05405-000
Phone:(11) 3085-6984
- » **Brazilian Coffee - Café and Restaurant** - Teodoro Sampaio Street, 346 - Pinheiros, São Paulo
- » **California** - 516 Teodoro Sampaio Street, Pinheiros, São Paulo
- » **Quero Quilo Restaurant** - 534 Teodoro Sampaio Street, Pinheiros, São Paulo - Phone: (11) 3088-1031
- » **Vovó Helena - Restaurant in the New Point Building Condominium** - Teodoro Sampaio Street, 498 - Jardim Paulista, São Paulo
- » **Degas - The House of Parmigiana Steak** - Teodoro Sampaio Street, 568 - Pinheiros, São Paulo - Phone: (11) 3062-1276
- » **Luzita - Supermarket and Restaurant** - Oscar Freire Street, 1853, Pinheiros, São Paulo
- » **Zumo Japan Bar - Japanese Restaurant** - Oscar Freire Street, 1363, Pinheiros, São Paulo
- » **Semente da Terra Restaurant** - Cardeal Arcoverde Street, 211, Pinheiros, São Paulo - Phone: (11) 3081-8560
- » **Pombal Bar and Café - Restaurant, Bar and Café** - Cardeal Arcoverde Street, 211, Pinheiros, São Paulo
- » **Biondella Pasta - Italian Restaurant** - Capote Valente Street, 386, Fundos - Jardim Paulista, São Paulo
- » **Vivos - Bar & Restaurant** - Dr. Arnaldo Avenue, 1215 - Pinheiros, São Paulo
- » **Elba Snack Bar - Snacks and Meals** - Dr. Arnaldo Avenue, 1227 - Sumaré, São Paulo
- » **FFJ Restaurant and Snack Bar** - 418 Arruda Alvim Street, and 1227 Dr. Arnaldo Avenue, Pinheiros, São Paulo
- » **AZE Athletics Restaurant** - Artur de Azevedo Street, 01 - Jardim Paulista, São Paulo

2.5 USP Number (ID) and Unique Password

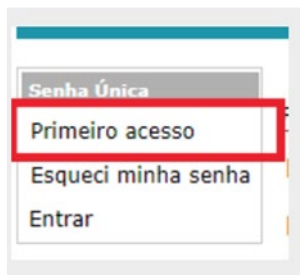
The USP ID is a password management platform for accessing the various USP information systems. To use it, you must create a unique password that will allow the access to all systems to monitor your performance, request enrollment in courses, request support for retention, among other functions that USP systems provide.

How do you create your unique password?

1- Access the link id.usp.br



2- Click on first access



3- Enter your USP number and the personal email address you registered at the time of enrollment (the same one that CCIInt-EE communicates with you) and click on "REQUEST UNIQUE PASSWORD".

The screenshot shows a web browser at the URL id.usp.br/primeiro-acesso. The USP logo and 'Universidade de São Paulo Brasil' are at the top. A navigation menu on the left includes 'Senha Única', 'Primeiro acesso', 'Esqueci minha senha', and 'Entrar'. The main heading is 'Primeiro Acesso > Criar Senha Única'. There are two input fields: 'Número USP *' with the value '5566925' and 'Email alternativo *' with the value 'email@provedor'. Below these is a reCAPTCHA box with the text 'Não sou um robô' and a 'Solicitar senha única' button.

4- You will automatically receive a message in your email with a link to create your unique password.

5- You must create a password with the following requirements:

- » It must have at least 8 characters;
- » It must be composed of letters, numbers and special characters;
- » It must not contain 3 or more consecutive characters of your USP number.

Example: São Paulo*24

Learn More

After creating your ID and password, access the USP Services Portal, which compiles all systems and see the features at: <https://portalservicos.usp.br/>

You will use your ID to request the creation of your USP email address. To request your email address, access the link <https://id.usp.br/> and click on Enter.

On the left side of the screen, click on “Request email address”

Select the option “Institutional e-mail for individual use” (access with a single password).

Fill in the fields:

- **Login:** fill in the name of the account you want to create

- **Domain:** the default is @usp.br

- **Affiliation:** identified based on your affiliation as a university student.

Then click on Next step.

Attention!

Access to the mailbox is done through the website <http://email.usp.br>

Access to the e-mail@usp.br account is blocked after the end of your exchange student status at USP. Therefore, we recommend that you save important information, such as messages and documents, somewhere else so that you don't lose them when you return home.

2.6 Wi-Fi

Eduroam (educational roaming) is a safe wireless access network developed for use in Brazil and abroad. The initiative allows students, researchers and staff from participating institutions to obtain Internet connectivity via wireless connection (Wi-Fi) anywhere the network is connected.

To access this network, you must have your USP login and password, with the USP number being your login plus @usp.br; the password is the same to connect.

For example, if your USP number is 123456, in the Eduroam login field you should include 123456@usp.br. For questions about Eduroam, visit <https://>

eduroam.usp.br/ or <https://eduroam.usp.br/como-usar/> or look for a professional from the IT Technical Service, on the first floor of EEUSP.



Figure – Screen for connecting to Eduroam Source: https://eduroam.usp.br/wp-content/gallery/roteiros/screenshot_2013-07-26-15-12-21.png

2.7 USP Card

The USP card is a student ID card, which can be physical or digital. The physical card can be collected from the undergraduate or graduate office, depending on your affiliation with USP.



Figure – Physical USP card - Source: <https://sites.usp.br/fft/wp-content/uploads/sites/1251/2023/03/Cartao-USP-FCF.jpg>

The USP digital card (e-Card USP) can be made available through an app available in the Apple and Google Play stores and accessed using the USP user's unique password. In addition to the image on the mobile device, the USP e-Card features the new use of a QR-Code, which is a temporarily updated security key for user identification when accessing the University's corporate systems.

Students will have access to the USP e-Card as soon as they receive their institutional number, without having to wait for the physical cards to be issued. Another advantage of the app is that the data is updated automatically.

With the USP card, you can access libraries, eat at university restaurants, use the facilities of the University of São Paulo Sports Practice Center (CEPEUSP - <https://cepe.usp.br/>), among other accesses. You can also use the USP Card to prove that you are a student, which means you can get discounts on movies, theater, shows and other activities.

Attention!

Just like the physical card, the USP e-Card is personal and non-transferable.

Notify us immediately if your USP card is lost or stolen.

3. SERVICES

3.1 Courses

3.1.1 Portuguese for international students (intensive and regular)

USP offers intensive and regular Portuguese courses for international individuals, ensuring that students can improve their language skills while studying in Brazil. The intensive course is offered in the months of February and July, before the beginning of the semester. The regular course is offered during the semester, twice a week with 30 hours of classes. Both courses cover language and cultural aspects, and are offered to both undergraduate and graduate students.

Learn More

For more information, contact the Language Center directly: (11) 3091-2416 e-mail portcl@usp.br or at <https://clinguas.fflch.usp.br/>

3.1.2 Brazilian Culture

This course is offered and prepared exclusively for international students. Classes are held once a week, with a total of 60 hours and 3 credits. The course consists of weekly seminars, each covering a different topic related to the language and cultural aspects of Brazil. For information about the course, visit <https://ccint.fflch.usp.br/form/contact>

3.2. CEPEUSP (Sports Practice Center)

The "Sports Practice Center" is a multi-sports complex located on the Butantã Campus that offers various activities such as Fitness, Capoeira, Swimming, Soccer, Volleyball, Judo, Karate, among others. Students have access to a gym, sports courts, swimming pools, an athletics track, a soccer field, and rooms for other physical activities. All international students can access the center and

participate in the activities. For more information, visit: <http://www.cepe.usp.br/>.

3.3 Libraries

USP has libraries in several colleges, museums and research centers on all campuses. These libraries are part of the Digital Library and Collections Agency, which is the USP agency responsible for aligning the management of information, intellectual production and libraries with the strategic objectives of the institution. Visit <https://www.abcd.usp.br/> and learn more about the Agency.

EEUSP has the “Wanda de Aguiar Horta” Library, created in the same year as the School on October 31, 1942. It serves students, staff and faculty and receives visits from researchers, professionals who work in hospitals, companies, laboratories, information centers and nursing schools in the country. The building has a constructed area of 551.42 m², distributed over 3 floors, with the bibliographic collection on the ground floor and the group study rooms and administrative area on the 1st and 2nd floors.

Its bibliographic collection is considered one of the most significant in the area of nursing in Latin America. In addition to consulting the collection and database, the Library offers several other services such as database training, reference standardization, ORCID filling, among others. More information at https://www.ee.usp.br/servicos_oferecidos/

It is open from Monday to Friday, from 7:30 a.m. to 6:00 p.m. For more information, please contact us by email at bibee@usp.br or (11) 3061-7582.

3.4 Students Computer Room

The “Students Computer Room” are equipped with computers for students to access computers with internet and black and white printers. All international

students have access to this equipment. At EEUSP, the undergraduate Student room is located on the first floor of the main building.

3.5 Cinema, Theater and Museums

USP offers several cultural options for its students and the community. It maintains several museums and most of them have free admission!

The Butantã campus is home to the Museum of Archaeology and Ethnology (MAE). Within the campus, there is also the USP cinema, called CINUSP “Paulo Emílio”, with free films from Monday to Friday, usually followed by debates and seminars with professors.

In the city of São Paulo, there are other cultural options coordinated by USP, such as the Museum of Contemporary Art, facing Ibirapuera Park; the Ipiranga Museum, with its beautiful gardens; the Zoology Museum; the Science Station and the Maria Antônia University Center, where the USP Theater is located. All of them offer students a rich diversity of cultural and leisure options. See more at <https://www5.usp.br/extensao/museus/> or <http://www.usp.br/prc>

At EEUSP, there is the Ibero-American Nursing Historical Cultural Center, which houses rare documents and objects, evoking the historical memory of nursing in the midst of the institutionalization of applied science in Brazil. Reevaluating the past to envision the future is the proposal that guides its actions. Founded in October 1992, its collection brings together records that allow us to recognize the new dimensions assumed by Brazilian nursing after 1930. It receives several groups of students and researchers from all over the country. Visiting hours are Monday through Friday, from 8 a.m. to 5 p.m. Schedule a visit by phone (11) 3061-7542 or by email bibee@usp.br. To learn more about the Ibero-American Nursing Historical and Cultural Center, visit <https://www.centrohistorico.ee.usp.br/>



Source: <https://www.centrohistorico.ee.usp.br/>

4. ACADEMIC INFORMATION

4.1 Academic Calendar

The Brazilian academic calendar runs from February to December and is divided into two semesters.

The first semester runs from February to June and the second from August to December. In general, postgraduate classes begin in March. There is a vacation period in January and July.

4.2 Attendance and grades

Undergraduate: USP's grading system ranges from 0.0 (zero) to 10.0 (ten), where zero is the lowest grade and ten is the highest. To be approved for the course, the student must meet two conditions: a minimum grade of 5.0 (five) and attendance in at least 70% of classes. The grade represents the mean of all the work developed by the student. If the student's final grade is lower than 2.99, he or she will fail. If the grade is between 3.0 and 4.99, he or she will have the chance to be reevaluated. Each discipline defines the evaluation criteria, which are explained on the first day of class. Grades and other information about undergraduate disciplines are available on the USP Júpiter System (<https://uspdigital.usp.br/jupiterweb/>).

Graduate Studies: The evaluation system is based on four grades: A, B, C and R, where A, B and C mean passing and R means failing. The minimum attendance required is 75% of classes. Grades and other information about graduate courses are available on the USP Janus System (<https://uspdigital.usp.br/janus/>).

4.3 Student Organizations at EEUSP

Academic Center: The Academic Center (CA) XXXI de Outubro is an organization formed and composed of EEUSP students and has existed since 1944. In addition to its important role in

representing students, the CA offers an environment for exchange, socialization and political-cultural education for students through discussion groups, open meetings, assemblies, film debates and events in conjunction with other USP CAs. Learn more at <https://www.ee.usp.br/centro-academico/> (Instagram: @caenfusp).

Athletics: Founded in 1972, the Academic Athletics Association of EEUSP (AAAEUSP) is an official sports representative body whose function is to promote and disseminate sports practice in the university environment. It currently has 8 modalities, such as basketball, futsal, handball, swimming, table tennis, volleyball, e-games and athletics. Learn more at <https://www.ee.usp.br/atletica/> (Instagram: @atleticaenfusp).

Arritmia: Arritmia is the EEUSP musical section and was founded with the aim of cheering on fans at athletics games. Rehearsals take place twice a week in the evening, after classes end, in person. The days and times are defined each semester according to the availability of the members. Learn more at <https://www.ee.usp.br/bateria-arritmia/> (Instagram: @bateriaarritmia).

4.4 Getting to know São Paulo

At the São Paulo City Hall website, you can access information about the city (<https://www.capital.sp.gov.br/>), tourist attractions (<https://cidadedesaopaulo.com/pontos-turisticos/>) and restaurants (<https://cidadedesaopaulo.com/onde-comer/>).

Main tourist attractions:

» **Paulista Avenue:** this is the best-known and busiest avenue in São Paulo. It houses the São Paulo Assis Chateaubriand Museum of Art, better known as MASP (<https://masp.org.br/>), the Tenente Siqueira Campos Park, known as Trianon

Park (https://www.prefeitura.sp.gov.br/cidade/secretarias/meio_ambiente/parques/regiao_centrooeste/index.php?p=5773) and the Casa das Rosas - Haroldo de Campos Space for Poetry and Literature (<https://www.casadasrosas.org.br/institucional/>). There is also the Moreira Salles Institute (<https://ims.com.br/>), which specializes in photography, and Japan House (<https://www.japanhousesp.com.br/>).

» **Municipal Market:** in the central region of São Paulo, there is a very famous market, known as Mercado (<https://www.mercadomunicipalsp.com/>). There you can taste and buy various Brazilian fruits and other typical dishes of the country, with pastel.

» **Ibirapuera Park:** in this huge park, you can walk, play sports and also have a picnic (<https://www.parquedoibirapuera.org/>). It is home to the Museum of Modern Art (MAM) (<https://mam.org.br/>); the Bienal Pavilion (<https://bienal.org.br/pavilhao/>), where several important events take place; the Oca (<https://www.parquedoibirapuera.org/oca/>), where exhibitions are held; the Japanese Pavilion (<https://www.bunkyo.org.br/br/pavilhao-japones/>), a space that disseminates aspects of Eastern culture; and the Planetarium (<https://planetario.urbiapass.com.br/>), where several activities related to astronomy take place.

» **Downtown:** the central region of São Paulo is the region where numerous cultural activities and, mainly, historical sites are concentrated. This region is home to the famous Sé Cathedral (<https://arquisp.org.br/regiao-se/paroquias/mosteiros-igrejas-historicas-oratorios-da-regiao-se/catedral-metropolitana-nossa-senhora-assuncao-e-sao-paulo-se>). Also in the center is the Pateo do Collegio (<https://www.pateodocollegio.com.br/>), the city's first building, which offers courses, workshops and other projects. It is home to the Anchieta Museum, a church and the Padre Antonio Vieira Library, with a collection of historical books, open to the public.

Another historical site is the São Bento Monastery (<https://www.mosteirodesaobentosp.com.br/>) with architecture dating back to the 17th century and decorated with frescoes and murals, as well as a German external clock. The site can be visited and there are also masses with Gregorian chant held every morning. The Monastery has a small shop selling bread made with products produced by the monks themselves. On the last Sunday of the month, there is a breakfast prepared by the monks and tickets must be purchased in advance. Another attraction in the city center is the Altino Arantes Building, known as Banespão or Farol Santander (<https://www.farolsantander.com.br/sp>), located near XV de Novembro, Direita and São Bento Streets. It was inspired by the famous Empire State Building in New York. It hosts various exhibitions and you can also visit the tower, which provides a 360° view of the city and reaches 40 km, with views of Serra do Mar, Pico do Jaraguá, the buildings on Avenida Paulista and the main buildings in the city center. Near the Anhangabaú subway station is the Theatro Municipal (<https://theatromunicipal.org.br/pt-br/>), which is one of the city's great landmarks. There are music and dance schools that perform on the stage, as well as a restaurant inside. Visits to see the venue on days when there are no performances can be made with prior dates available on the website.

» **Estação da Luz** offers guided historical tours on weekends, lasting approximately 50 minutes, and visitors can explore the building's historical and architectural landmarks. Estação da Luz is home to the Museu da Língua Portuguesa (<https://www.museudalinguaportuguesa.org.br/>), which hosts temporary exhibitions. It is open from Tuesday to Sunday, from 10 am to 6 pm. Admission is free on Tuesdays.

» **Pinacoteca:** Opposite the Museu da Língua Portuguesa is the Pinacoteca do Estado (<https://pinacoteca.org.br/>), which houses an art gallery

with approximately nine thousand pieces, as well as temporary exhibitions. It also offers other activities that can be found on its website. It is open from Tuesday to Sunday, from 10 am to 5:30 pm, until 10 pm on Thursdays, with free admission on Saturdays. At the Pinacoteca, there is a café that serves lunch in a space overlooking Jardim da Luz, one of the oldest public parks. The park is listed and has a forest with birds of various species, a population of sloths, a reflecting pool and lakes with fish. It also has an underground aquarium with colorful carp. Admission is free.

» **Mosteiro da Luz:** near the station is the Mosteiro da Luz (<https://www.mosteirodaluz.org.br/>), which has a church and a memorial in honor of Santo Antônio de Sant'anna Galvão, with a collection of objects belonging to the friar. It also houses the Museu de Arte Sacra (<https://museuartesacra.org.br/>), with a collection of altars, sacred images, rare books, paintings, objects and liturgical vestments. The museum is open from Tuesday to Sunday, from 10 am to 6 pm, and admission is free on Saturdays.

» **Liberdade neighborhood:** this neighborhood has been a stronghold of Japanese culture in São Paulo since 1912. Its streets are decorated with traditional Japanese lanterns, as well as its striking architecture, which can be seen in various parts of the neighborhood. Many of the signs are in Japanese, and most residents in the neighborhood speak Japanese. The neighborhood also has a large number of typical Asian products and foods, as well as a craft fair that takes place on Sundays at the Liberdade subway exit. The Busshinji Temple is also located on Rua São Joaquim, which can be visited by appointment.

» **Vila Madalena:** The streets are home to bars for all tastes, ranging from classic to more lively bars. Those who can't resist live music and want more party atmosphere also have several options. Another interesting spot in the neighborhood is Beco do Batman, an open-air graffiti gallery located

on Rua Gonçalo Afonso. The walls of the street are completely covered with graffiti by national and foreign artists. The neighborhood is also a great place for shopping.

» **Football Museum:** The Football Museum is located in an area of 6,900 square meters, under the stands of the Paulo Machado de Carvalho Municipal Stadium, known as Pacaembu. Open from Tuesday to Sunday, from 9 am to 5 pm, the multimedia collection preserves the main and most important moments in football. The museum is not linked to any specific team. Visitors to the museum can visit several rooms that pay homage to both great names in football and unforgettable games and plays. You can also listen to some narrations, learn about the origins, and other subjects related to football. More information at: <https://museudofutebol.org.br/>

» **Ipiranga Museum:** The Ipiranga Museum, also known as the Paulista Museum, is a monument in honor of Brazil's Independence, located on the banks of the Ipiranga River. It has an eclectic architectural style and is surrounded by a beautiful garden. The collection has more than 125 thousand pieces that belonged to great figures in Brazilian history. In addition, the museum's facilities house a library with one hundred thousand volumes, a Historical Documentation Center with 40 thousand manuscripts and laboratories for the conservation and restoration of pieces and documents. The space also hosts other events. It is open from Tuesday to Sunday, from 9 am to 5 pm. More information at: <https://museudoipiranga.org.br/#>

» **March 25th:** March 25th Street is a popular shopping center in the city. The entire area around it is dedicated to the sale of costume jewelry, toys, decorative objects and other home accessories, which are cheaper than in general. On Ladeira Porto Geral, for example, you can find costume shops, where brides have fun buying funny accessories to liven up their wedding parties.

» **SESC Network:** this is a network of 20 units in the city of São Paulo, dedicated to culture, sports, health and food, child and youth development, senior citizens, social tourism and other areas of activity. These environments are designed to offer diverse activities that enable well-being and personal and social improvement, critical and renewing. The list of its units, courses and schedule of cultural activities can be found at <https://www.sescsp.org.br/>



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